

# Temptation

*"...God is faithful, who will not suffer you to be tempted above that ye are able, but will with the temptation also make a way to escape, that ye may be able to bear it." 1 Corinthians 10:13*

Jesus was tempted in all areas of life as we are. He was tempted by lust of the flesh, lust of the eyes and pride. This is one reason Jesus is qualified to speak on our behalf before God. He has been man and has lived as we live. Hebrews 4:15, 16 states: For we have not a high priest which cannot be touched with the feeling of our infirmities; but was in all points tempted like as *we are, yet* without sin.

16 Let us therefore come boldly unto the throne of grace, that we may obtain mercy, and find grace to help in time of need. By verse 16 we know we have help during temptation.

In fighting temptation it is important to recognize what we are up against. 2 Corin 2:11 states, "Lest Satan should get an advantage of us: for we are not ignorant of his devices." Satan know our weaknesses and will use them against us.

Temptation can be overcome by faith (1 John 5:4), prayer (Matt. 6:13) and the word of God (Matt 4, Luke 4).

Temptation has a good point. It helps us to become 'perfect' and patient. James 1: 2-4 "My brethren, count it all joy when ye fall into divers temptations; 3 Knowing *this*, that the trying of your faith worketh patience. 4 But let patience have *her* perfect work, that ye may be perfect and entire, wanting nothing.

Biblical examples who resisted temptation-

Abraham-Genesis 14:17-24

Joseph-Genesis 39

Elisha-2 Kings 5:16

Job-Job2:9-10

Daniel-Daniel 1:8

Peter-Acts 8:14-23

Study these scriptures and keep them in you memory.  
Re peat them when temptation comes.

1 Corinthians 10:13 - No temptation has seized you except what is common to man. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.

Hebrews 2:18 - Because he himself suffered when he was tempted, he is able to help those who are being tempted.

Hebrews 4:15 - For we do not have a high priest who is unable to sympathize with our weaknesses, but we have one who has been tempted in every way, just as we are--yet was without sin.

Hebrews 4:16 - Let us then approach the throne of grace with confidence, so that we may receive mercy and find grace to help us in our time of need.

James 1:12 - Blessed is the man who perseveres under trial, because when he has stood the test, he will receive the crown of life that God has promised to those who love him

James 1:14 - But each one is tempted when, by his own evil desire, he is dragged away and enticed.

James 1:15 - Then, after desire has conceived, it gives birth to sin; and sin, when it is full-grown, gives birth to death.

James 1:2 - Consider it pure joy, my brothers, whenever you face trials of many kinds

James 1:3 - because you know that the testing of your faith develops perseverance.

Matthew 26:41 - "Watch and pray so that you will not fall into temptation. The spirit is willing, but the body is weak."